

## About NACL

Founded in 1997, the not-for-profit NACL Theatre (North American Cultural Laboratory) creates innovative original work that is ensemble-based, utilizing methods of devised creation, heightened physicality, and song. Based at its own theatre and work center in Highland Lake, NY, the ensemble consists of founders Tannis Kowalchuk and Brad Krumholz, company members Sarah Dey Hirshan and Glenn Hall, and an international roster of associate artists. Upon formation, NACL was in residence at La Mama Theatre in New York City from 1997-2000 where the company trained and produced three performances. We draw from a continuum of experimental techniques that includes the ensemble work of Denmark's Odin Teatret, Canada's Primus Theatre, and the research of Jerzy Grotowski. Over the years, we have built upon these sources to develop a unique approach to training and creation technique that awakens each artist's potential to maximize the expressive use of body, voice, imagination, experience, memory and intellect to create compelling new works for the theatre.



*The NACL Performer Training Retreat.*

Daily training is the foundation of NACL's performances. It is a personal and private time during which we work on ourselves, to expand, cultivate, and experiment with our creative energies. Through the retreats, workshops, and classes we teach to professional theatre artists, students, and children across North America, our training is also one of the principle ways in which we get to know other artists. Over the years, our Highland Lake, NY work center has also become a place not only to experience NACL's unique actor training, but to study with master teachers from all over the world.

NACL also produces The NACL Catskill Festival of New Theatre, an annual international festival now in its 10th year. The Festival provides a nurturing performance venue for theatre performers from all over the world, drawing a diverse audience to NACL.



*Photo: Ted Waddell*

*2007's Teen Drama Camp  
Presentation of Romeo & Juliet*



### NACL Theatre

110 Highland Lake Rd.  
Highland Lake, NY  
12743  
nacl@nacl.org  
www.nacl.org

### CLASSES:

2009

#### ADULTS:

- Performer Training Retreat
- NYC Workshop\*
- Weekly Acting Class
- Weekly Trapeze

#### TEENS:

- Weekly Monologue Class
- Summer Drama Camp

#### KIDS:

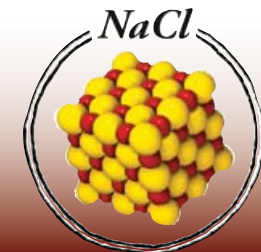
- Story Drama
- Improv & Play Creation

*All Classes at NACL Theatre, except (\*), at South Oxford Space, Brooklyn.*

*NACL's 2009 Educational Programming*

# NACL THEATRE

Workshops, Classes,  
& Retreats



**For more information:**

**nacl@nacl.org**

**845-557-0694**



# NaCl THEATRE 2009

Educational Programming



To register call: 845-557-0694.  
email: nacl@nacl.org

*Payment for all weekly classes will be accepted on the first day of classes.*

*Pre-registration required for teen drama camp and retreat.*

## NYC

### NaCl Workshop in NYC!

Saturday February 28th and Sunday March 1st.

Saturday 1:30-6:30 and Sunday 10-5.

South Oxford Space/A.R.T./NY  
138 South Oxford Street,  
Studio G

Fort Greene Brooklyn, NY

A comprehensive exploration of NaCl's physical and vocal training as well as a look at the actor's process in creating performance material.

For new and past workshop participants.

\$125

## TRAPEZE

### Trapeze Class at NaCl

Weekly, Wednesdays, April 29th-June 10th, 6:30-7:30 PM

NaCl actress, acrobat, and Pilates instructor, Sarah Dey Hirshan will teach basic training, core conditioning, and trapeze skills. No experience is necessary.

\$95

## ACTING FOR ADULTS

### Creating and Performing a Solo Performance

Weekly, April 14 to June 2, 7:00 to 8:30 PM

This class explores basic physical and vocal actor training skills, with a practical focus on each actor creating their own, original 10-minute solo performance. Writing text, working with props and costumes and music will be encouraged.

Teacher: Tannis Kowalchuk

\$125

## PROFESSIONAL TRAINING

### NaCl Performer Training Retreat

June 28th-July 5th

The annual retreat is a week-long immersion in physical and vocal training, and the NaCl methodology of building performances that are actor-centered. This workshop is designed for actors, directors, theatre makers, and serious students of theatre. Participants live and eat communal meals (local and organic) at NaCl's artist residence, and the workshop is designed to allow for both group work and individual retreat time and space.

This retreat is led by Brad Krumholz, Tannis Kowalchuk, Glenn Hall, Sarah Dey Hirshan.

\$675 all-inclusive for classes, accommodations, and meals.

## KIDS

Tuesdays, April 14 to June 2

Story Drama (Grades 1 & 2)  
3:30 PM to 4:30 PM

Students will make up stories together and then play/act them out together under the guidance of a narrator-teacher. Imagination, play, and the early skills of sharing ideas with others are encouraged.

Teacher: Tannis Kowalchuk

\$95

Improv and Play Creation  
(Grades 3 to 6)  
4:30 PM to 5:30 PM

Improv skills, both verbal and physical will be introduced and utilized in creating short plays invented by the students. Communication, participation, imagination, and ACTION are skills that this class encourages.

Teachers: Tannis Kowalchuk and Glenn Hall

\$95

## Monologues for Teens

5:30 PM to 6:30 PM Tuesdays,  
April 14th-June 2nd

Teens will choose a monologue from a play of their choice and then work with the teachers and fellow students to develop vocal, physical, and emotional acting skills. The students will also write their own monologue and develop the piece with various theatrical elements such as props, set, and costumes.

\$95

Teachers: Tannis Kowalchuk and Glenn Hall

## Summer Teen Drama Camp Shakespeare's *MACBETH*

August 10-15, 10 AM to 5 PM  
Lunch included

Students work with NaCl directors to create an original, contemporary version of Shakespeare's *Macbeth* culminating in a public performance on Saturday night. Students will be asked to read the play prior to rehearsals and prepare (memorize) a monologue of their choice from the play to be presented on the first day of rehearsal. This popular day camp fills up quickly.

\$350

Teachers: Glenn Hall, Tannis Kowalchuk, Sarah Dey Hirshan

TEENS